

## PARUL INSTITUTE OF AYURVED & RESEARCH

### DETAILS OF ONGOING RESEARCH PROJECTS

Details of Projects funded by CR4D – Center for Research and Development, Parul University

SL.NO	NAMES OF FACULTY	TITLE OF THE PROJECTS	CTRI Details	FUNDS ALLOTTED
1.	Dr Naresh Kore Dr Vaishali Deshapande Dr Akshar Kulkarni	Evaluation of analgesic effect of Osteocare bar - a nutritive supplement for the management of mild to moderate joint pain in Osteoarthritis of knee joint, a randomized clinical trial”	<a href="#">CTRI/2023/05/052483</a>	Rs 50000/-
2.	Dr Shivani Gavande	Evaluation of vaginal douche and medicated tampon with internal use of Trayodashanguggulu in Yonigatdushtavranawsrt premalignant lesions of cervix.”	In process	Rs 50000/-
3.	Dr Eshwari Salian Dr Tanvi Dayanand Dr Anagha Mathad	An effect study to evaluate the subjective cooling effect of Dahaprashamana Bidalaka Hydrogel on the eyes and on Ocular Surface Temperature	In process	Rs 40000/-
4.	Dr Sarita Ohol Dr Anagha Mathad	To assess the effect of *SMRITI "- a poly herbal chocolate as memory enhancer (Medhya Rasayana ) in healthy individuals w.r.t.vata dosha predominant personality”.	<a href="#">CTRI/2022/07/043631</a>	Rs 45000/-
5.	Dr Nimesh, Dr Goutam Dr Ravi Joshi	Randomized open labeled clinical trial to evaluate the effect of JivantiGhrut eye drops in Dry eye syndrome	In process	Rs 40000/-
6.	Dr Hrishita Dehalikar Dr Prasanna Mathad Dr Sandeep Dehalikar	Three arm open label clinical trial to evaluate the efficacy of poly-herbal compound in Cardiometabolic risk factors w.s.r.to NCEP ATP-III guidelines	CTRI/2022/08/044789	Rs 75000/-

7.	Dr Sreevisakh T S Dr Prasanth Krishnan Dr Dhanya	An interventional study to evaluate the domino effect of Priyala modaka syrup in the management of grade 1 & 2 Undernourished children	<a href="#">CTRI/2022/05/042587</a>	Rs 35000/-
8.	Dr Divya B Dr Prasanna Mathad Dr Sachin Deva	An open labelled, two arm, randomised, comparative clinical study to evaluate the role of Palandwadi Nasal spray in the management of Rhinitis	<a href="#">CTRI/2022/06/043619</a>	Rs 40000/-

### Details of Research Projects funded by Non Govt./ Pharma Agencies

Sr.	Name of the Principal/ Co-Investigator	Study Title	Sponsor	Year	CTRI Registration No.
1	Dr Vaishali Deshpande, Dr Gautam Dabhi	A randomized, double blind, placebo controlled, multi-center, comparative, interventional, prospective clinical study to evaluate efficacy and safety of MIGRA365 Capsule in Participants Suffering from Episodic Migraine.	Transformative Learning Solutions Private Limited and TIMER Institute	2022	<a href="#">CTRI/2022/05/042626</a>
2	Dr Mauli Vaishnav, Dr. Vaishali Deshpande	A randomized, comparative, double blind, multi-centric prospective, interventional clinical study to evaluate efficacy and safety of AHPL/AYLIQ/0717 syrup in comparison with Marketed formulation in participants suffering from menstrual irregularities.	Ari Healthcare Pvt Ltd	2022	<a href="#">CTRI/2022/09/045828</a>
3	Dr. Vaishali Deshpande, Dr. Tarangana Gamit	A Double blind multicentre randomised prospective interventional placebo controlled clinical study to evaluate efficacy and safety of Yesaka tablet in patient diagnosed with type II diabetes mellitus	Simandhar Pharma and TIMER Institute, Mumbai	2022	<a href="#">CTRI/2022/04/042122</a>

### Details of Research projects sanctioned by Government agencies

SL.NO	TITLE OF PROJECT	NAME OF MENTOR/Investigators	AMOUNT SANCTIONED	Name of Funding Agency
1	Clinical study on tolerability, treatment adherence and safety of an Ayurvedic intervention- Punarnava Mandura in the management of Iron Deficiency Anemia: An open label single arm study	Dr. Vaishali Deshpande, Dr. B.G.Kulkarni, Dr. Divya B.	24,38,436/-	Central Council for Research in Ayurvedic Sciences (CCRAS), Ministry of yush, Govt. Of India
2	Pharmaceutical, Analytical and Comparative Study of Rajat Bhasma prepared by classical method and market available silver nano particles (AgNPs) for Neuroprotective activity – An in vitro and in vivo study	Dr. Prasanna Mathad, Dr. Tanvi Dayanand, Dr. Rakesh Brahmanekar	26,77,759/-	GSBTM